

September 2026

Celebrating Recovery Month

This September, Behavioral Health Services by Easterseals NH is proud to recognize **National Recovery Month** and celebrate the individuals, families, and communities whose lives are touched by recovery.

Recovery is a deeply personal journey, and no two paths look the same. For some, it may mean taking a first step toward asking for help. For others, it may mean rebuilding relationships, reaching a new milestone, finding greater stability, or discovering a renewed sense of purpose. Every step forward is meaningful and worth recognizing.

Recovery Month reminds us that recovery is possible and that people do not have to walk that path alone. Support from family members, friends, peers, behavioral health professionals, and the broader community can make a meaningful difference. It is also an opportunity to continue breaking down the stigma surrounding mental health and substance use so that more people feel comfortable reaching out when they need support.

At Behavioral Health Services by Easterseals NH, we believe in meeting people where they are and supporting them as they work toward their goals for lasting recovery and wellness. Through compassionate, person-centered care, our Behavioral Health Services team works alongside individuals and families, helping them build on their strengths, navigate challenges, and create meaningful change in their lives.

This September and all year long, we are proud to stand with the recovery community.

[Learn More About Our Services](#)

Staff Spotlight: Sarah Harris

Meet Sarah Harris, a clinician in our outpatient substance use treatment program. Sarah works closely with clients to develop and review treatment plans, support their recovery, and help them navigate the challenges of everyday life.

In addition to her clinical work, Sarah offers two specialized evaluation services: **Licensed Alcohol**

and Drug Counselor (LADC) evaluations and Impaired Driver Service Provider (IDSP) evaluations.

These evaluations help identify individual needs and appropriate next steps for care and support. They are available at an affordable cost, helping make these specialized services more accessible to individuals in our community.

“The most fulfilling part of my job is watching clients become motivated, build confidence, and feel genuinely proud of themselves and their progress,” Sarah shares. “Being a part of that journey is incredibly meaningful to me.”

We’re grateful to have Sarah on our team and for the impact she makes every day!



[Read more about Sarah's bio and available services](#)

Intensive Outpatient Program (IOP): A Higher Level of Care

Sometimes, one-on-one outpatient therapy isn’t quite enough. **Our Intensive Outpatient Program (IOP)** offers a higher level of substance use treatment for people who would benefit from more time and connection with their treatment team and peers.

Our IOP services allow participants to talk through challenges, learn from others with similar experiences, build new skills, and work toward their individual goals.

The program provides a more structured treatment experience while allowing participants to continue living at home and keeping up with work, family, and other responsibilities.

If you or someone you know could benefit from more intensive treatment, IOP can be a place to



[Inquire about our IOP services](#)

take that next step in a welcoming and understanding environment.

Join Our Team at Behavioral Health Services!

We are seeking a **Behavior Specialist** to join our Manchester team.

In this role, you'll develop comprehensive behavioral interventions and training plans using non-aversive approaches. You'll also train direct support and management staff, track and analyze behavioral data, develop individualized protocols and guidelines, and help oversee programs and ensure compliance with applicable requirements.

We're also hiring an **Outpatient Mental Health Clinician**. This role provides therapy and support services to adults experiencing emotional and mental health challenges, with the opportunity to serve diverse populations including Veterans, couples, and community members.

This position is based in Manchester, with the opportunity to work one day per week at the Easterseals NH Military & Veterans Campus in Franklin. A sign-on bonus of \$2,500 is paid at three and six months of continued employment.



[Apply as a Behavior Specialist](#)



[Apply as an Outpatient Mental Health Clinician](#)

About Behavioral Health Services

Behavioral Health Services by Easterseals NH provides outpatient substance use treatment and mental health counseling for adults, including Veterans, first responders, their families, and members of the broader community. Services include individual substance use treatment, intensive outpatient treatment, Licensed Alcohol and Drug Counselor evaluations, medication management, and medication-assisted treatment. Behavioral Health Services has locations in Manchester and Franklin, with services available in person and through telehealth. In Franklin, outpatient substance use treatment is available at the Easterseals NH Military & Veterans Campus, connecting clients with additional resources and support.

Get in Touch!

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